



Reflective Learning Diary

Student's Learning Assignment - Instructions

Minority and Migrant Children in Nordic countries and Russia

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Reflective Learning Diary - Instructions

Learning diary is an instrument of your learning, professional and personal growth. We all learn from experiences. This learning diary helps you to become more conscious of your learning experiences during the intensive/optional course of “Migrant and minority children in Nordic countries and Russian”.

Aims

- To allow you reflect on significant experiences associated with your learning
- To help you become aware and acknowledge what you have learnt / how you have progressed
- To develop your argumentation skills
- To improve your knowledge and comprehension about the matters
- To set aims for your learning in the future



Figure 1. The process of experimental learning

Completing the Learning Diary

How long is a learning diary? – Average length between 5-10 pages, not longer than 15 pages.

Deadline for the diary is 2-3 weeks after the course’s last session for own course tutor/supervisor as agreed.

Technical requirements:

- Paper should always be A4
- Font size is 12 pt (Calibri, Times New Roman or other easy-to-read)
- Line space 1,5
- Standard margins

- The minimum length of an assignment means the minimum length of the text itself, including title, subtitles and possible footnotes and excluding a possible separate title page (the title can also be written at the top of the first page), and the list of sources.
1. Having an experience – What happened, your description of it – Review that
 - a. Make notes during lectures, presentations, field visits or other learning experiences.
 2. Review your notes/experience and select a part of it to focus on in your log.
 - a. Record also your thoughts, opinions and judgments about chosen issues, make comments, questions, criticize and argue
 - b. Always make sure that your original thought and your own arguments are included in a learning diary.
 - c. Useful questions for reflection:
 - What do I know now that you didn't know before this session?
 - Have you learn anything completely new?
 - Did anything surprise you? For example, about information you found out, the way that your colleagues dealt with an issue, or the way you reacted to anything that happened?
 - Did you find anything challenging? Why?
 - Did you find anything satisfying? Why?
 - Were there any problems? How did you resolve them? If you were faced with the same problem again, would you do anything differently?
 3. List the conclusions that you have reached as a result of thinking about the experience – learning points.
 4. Finally decide which learning points you want to implement in the future and work out an action plan – as precisely as possible so that it is realistic and you can implement it
 - a. What you are going to do
 - b. When you are going to do

Learning diary of the Intensive course Minority and Migrant Children (Monday – Friday, dates)

1 Monday (date)

1.1 My description of what happened (having an experience and reviewing it)

1.2 My conclusions/lessons learned

1.3 My plan to do something better/different

2 [Title each day as own paragraph including same subtitles as below]

2.1 My description of what happened (having an experience and reviewing it)

2.2 My conclusions/lessons learned

2.3 My plan to do something better/different

6 Reviewing and Implementing your Learning Diary

One or two weeks after intensive course/optional course check your entries and make note of which resolutions you have implemented and which not. Do this just before returning your learning diary.

6.1 What have I learned about the plans I implemented successfully as opposed to those where I was unsuccessful?

6.2 Why have I not implemented some of my plans?

6.3 Of the plans I have not yet implemented, which am I no longer interested in and which am I still keen to action?

6.4 How am I going to remember the plans I still want to action?

6.5 Finally, what have I learned about the process of keeping a Learning Diary?